



Two Good Farms CSA

August 29, 2017

This Week: Full shares, small shares, and every other week (Group A) pick up this week.

News from the Farm: This past week we planted the fall spinach. Aside from the garlic in October, the spinach is the last thing we will plant this year. We also harvested the majority of shallots and red onions (pictured in trailer loads to the right).



A couple trailer loads of shallots and red onions.

As noted in a previous newsletter, one of the challenges with tomatoes is keeping them free from pests. A repeat visitor, noticed this past week by Matt, is the Tomato Hornworm (pictured below). Their preferred diet includes plants from the solanaceae family, such as eggplant, potato, peppers, and tomatoes. And they are extremely difficult to spot because of their green bodies that blend in well.



A Tomato hornworm, on the plant and in Matt's hand.

One way to deter the hornworm is the addition of companion plants, such as dill, basil, and marigolds. Another interesting way to prevent hornworms is through the encouragement of wasps. Certain wasps use the hornworms as hosts for their larvae, which in turn means less hornworms.

Stay tuned to meet another one of your farmers in next week's newsletter! And we hope you enjoy this week's produce!

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In this week's share:

- Green Pepper
- Sweet Pepper
- Onion
- Tomatoes
- Cherry Tomatoes
- Delicata Squash
- Potatoes
- Jalapeños
- Corn (full, eow)
- Watermelon (full, small)
- Lemon Balm (full, small)
- Basil (eow)
- Garlic
- Tomatillo (full)
- Poblanos (eow)
- Eggplant (full, small)
- Zucchini
- Beans

Each item is included in all shares unless noted.
full = full share
eow = every other week
small = small share



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