



Two Good Farms CSA

June 18, 2017

This Week

Full shares, small shares, and every other week (Group A) pick up this week. Remember to confirm your bin color for pick-up.

News from the Farm

We again had a week of hot, humid, and occasionally stormy days. Over the past week, many plants have started coming in. This includes the plants that are members of the solanaceae family, also known as nightshades. There are thousands of flowering plants included in this family, and some are, indeed, toxic. However, we get many of our important agricultural crops from this family as well. Our solanaceae coming in this week include peppers, tomatoes, eggplants, and potatoes.

In addition to the solanaceae, onions were starting to bulb up this week and we began harvesting beans. Once the green bean harvest is in full swing, you can expect beans for quite some time.



A couple rows of brussel sprouts, which are looking great!



An eggplant flower.

One thing we must keep in mind, as the season continues, is maintaining the crops that have longer growing seasons and will be harvested later in the summer. Because they spend a longer time out in the field, they require more attention and care to ensure that they thrive. For us, this includes taking days to look after our solanaceae and other plants such as brussel sprouts.

We hope you enjoy this week's produce!

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In this week's share:

- Kale (full, small)
- Chard (full, eow)
- Zucchini
- Cabbage
- Kohlrabi (eow)
- White Beets
- Cauliflower (eow)
- Broccoli (full)
- Sweet Onion
- Carrots (full, eow)
- Herbs
- Fennel (eow)
- Garlic Scapes

Each item is included in all shares unless noted.

full = full share

eow = every other week

small = small share



For recipes, log in at
<http://www.localthyme.net/login/>



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